## **Pharmacy Substance Use Disorder Program (PSUD)**

## Licensed Mental Health Professionals criteria to meet Designated Provider status:

## **Substance Use Disorder Evaluation**

The Pharmacy Substance Use Disorder Program (PSUD) applicants are required to provide a Substance Use Disorder Evaluation prepared by a licensed professional. This evaluation must be typed. The Substance Use Disorder Evaluation must include the following:

- History of Present Illness
- Substance Use History with date of last use, prior treatment and periods of sobriety
- Prior involvement with any professional substance abuse programs for Pharmacy Licensees
- Criminal History
- Current Employment
- Toxicology Screening results are required
- Applicant level of Motivation and Treatment Acceptance
- Does the applicant possess the physical and psychological ability to participate in the PSUD
- Clinical Formulation and Diagnosis
- Safe Detox Plan

As a PSUD applicant please be certain the provider completing your assessment meets one of the following licensure certifications below:

**Psychologists** may have a Ph.D., Psy.D. or Ed.D degree, all of which are doctoral level credentials. Psychologists have received extensive training in research or in clinical psychology, with at least a year of supervised training after they receive their degree. Psychologists may also have training in psychological testing, used to diagnose difficulties such as Attention Deficit Disorder or organic problems. Psychologists are licensed by the Board of Registration of Psychologists. Professional conduct is monitored at both the state and national level.

**Psychiatrists** are licensed medical doctors who have chosen psychiatry as their residency, or specialization. Psychiatrists can prescribe medication and often practice some form of psychotherapy. Licensing is provided by the Massachusetts Board of Registration in Medicine and professional conduct is monitored by the American Psychiatric Association, as well as by the state Board of Medicine.

Psychiatric Nurse Mental Health Clinical Specialists/ Psychiatric Nurse Practitioner are Registered Nurses with additional special education in mental health care. These advanced practice nurses may offer mental health care which includes evaluative, diagnostic, consultative, and therapeutic procedures as well as prescribing medications. Psychiatric Nurse Mental Health Clinical Specialists/ Psychiatric Nurse Practitioners must hold a master's degree in mental health nursing, meet the Board of Registration in Nursing criteria for advanced practice, and receive its authorization. These advanced practice nurses are also certified by the American Nurses Credentialing Center. The Board of Registration in Nursing licenses Registered Nurses and monitors professional conduct.

Social Workers have an undergraduate or graduate degree in social work or a related mental health field and are trained in psychotherapy and social work techniques. Family therapists and employee assistance program counselors are often social workers. Social workers who work in private agencies or independent practice must hold state licenses from the Board of Registration of Social Workers. Look for an L.I.C.S.W. (Licensed Independent Clinical Social Worker). These practitioners have master's degrees and additional supervised experiences. A L.C.S.W. (Licensed Certified Social Worker) or a L.S.W (Licensed Social Worker) may practice in an agency setting under proper supervision. Professional conduct is monitored by the Board of Registration of Social Workers.

Licensed Marriage and Family Therapists, or L.M.F.T.s, may have a master's or doctoral degree from a graduate program in the field. L.M.F.Ts use psychotherapeutic techniques with individuals, family groups, couples or organizations to assist in resolving emotional conflicts, modifying perceptions and behavior, enhancing communication and understanding among all family members, and preventing family and individual crises. These therapists must be licensed by the Board of Registration of Allied Mental Health and Human Services Professionals which also monitors professional conduct.

Licensed Mental Health Counselors, or L.M.H.C.s, hold a master's degree from a graduate program in the field. They may render mental health care services to individuals, families or groups. L.M.H.C.s use therapeutic techniques to define goals and develop treatment plans aimed toward prevention, treatment and resolution of mental and emotional dysfunction. Mental Health Counselors are licensed by the Board of Registration of Allied Mental Health and Human Services Professionals which also monitors professional conduct.

Licensed Rehabilitation Counselors work to maximize or restore the capacities of physically or mentally handicapped individuals for self-sufficiency and independent living. They apply therapeutic techniques in client assessment, job analysis, vocational assessment, counseling and job development. Rehabilitation Counselors are licensed by the Board of Registration of Allied Mental Health and Human Services Professionals which also monitors professional conduct.

**Licensed Educational Psychologists** deliver services to individuals, groups, families, educational institutions and staff and community agencies which promote mental health and facilitate learning. These services may be

preventative, developmental or remedial and include psychological and psychoeducational assessment, therapeutic intervention, program planning and evaluation, and referral to other mental health care providers when necessary. Educational Psychologists are licensed by the Board of Registration of Allied Mental Health and Human Services Professionals which also monitors professional conduct.

Licensed Alcohol and Drug Abuse Counselors are licensed by the Massachusetts Department of Public Health, Bureau of Substance Abuse Services to conduct an independent practice of alcohol and drug counseling, and to provide supervision to other alcohol and drug counselors. A licensed alcohol and drug counselor I shall have received a master's or doctoral degree in behavioral sciences, including a supervised counseling practicum which meets the requirement established by the Department or such equivalent educational credits as may be established by the Department; shall have at least three years of approved work experience; and shall have passed a licensing examination approved by the Department.